



The North East Sector is served by;

- Circa 650 frontline staff
- 13 ambulance stations
- 7 London Boroughs plus The City of London
- 5 Emergency Departments plus The Royal London major trauma centre

The **London Borough of Havering** is a London borough in East London and forms part of Outer London. The principal town in Havering is Romford and the other main communities are Hornchurch, Upminster and Rainham. The borough is mainly characterised by suburban development with large areas of protected open space. Romford's urban centre is a major metropolitan retail and night time entertainment centre and to the south the borough extends into the London Riverside redevelopment area of the Thames Gateway

The **London Borough of Barking and Dagenham** is an outer London borough and the south is within the London Riverside section of the Thames Gateway; an area designated as a national priority for urban regeneration. Barking and Dagenham was one of six London boroughs to host the 2012 Summer Olympics.

The **London Borough of Newham** is a London borough formed from the former Essex county boroughs of West Ham and East Ham, within east London. It is 5 miles (8 km) east of

the City of London, north of the River Thames. Newham was one of the six host boroughs for the 2012 Summer Olympics and contains most of the Olympic Park including the London Stadium. Unlike most English districts, its council is led by a directly elected mayor of Newham. As well as having the youngest overall population, the borough is ranked as the most ethnically diverse district in England and Wales.

The **London Borough of Redbridge** is known for its award-winning parks and open spaces, excellent transport links, thriving shopping areas and high-performing schools. The borough is known as the 'leafy suburb' with one quarter of the borough covered by forest and green space, and three quarters of homes are owner-occupied.

The **London Borough of Waltham Forest** is a London borough in North East London. Waltham Forest was one of the six London boroughs that hosted the 2012 Summer Olympics. Major districts are Leyton and Leytonstone in the south, Walthamstow in the middle, and Chingford in the north.

The **London Borough of Tower Hamlets** is a London Borough in East London which covers much of the traditional East End. The borough lies to the east of the City of London and north of the River Thames. It includes much of the redeveloped Docklands region of London, including West India Docks and Canary Wharf. Many of the tallest buildings in London occupy the centre of the Isle of Dogs in the south of the borough. A part of the Queen Elizabeth Olympic Park is in Tower Hamlets.

The **London Borough of Hackney** is a London Borough in Inner London. Southern and eastern parts of the borough are popularly regarded as being part of east London, with northern and western areas belonging to north London. There are 1,300 listed buildings in Hackney, including the Hackney Empire, Tudor Sutton House, and the Grade I medieval St Augustine's Tower. The borough contains 25 conservation areas including Clapton Square and urban open-spaces including Clapton Common and Clissold Park.

The **City of London** is a city and county that contains the historic centre and central business district of London. The City is now only a tiny part of the metropolis of London, though it remains a notable part of central London. The City is a major business and financial centre and has a resident population of about 7,400 but over 300,000 people commute to and work there.